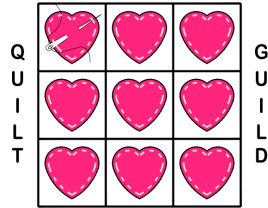


STITCHES FROM THE HEART



SAULT STE. MARIE, ONT.

Stitches from the Heart Quilt Guild

Coffee Time

Please remember to bring your coffee mug to the meeting and enter your name into the 'Mug Draw'. February's luncheon goodies donated by members with the last name initial of:

M, N, O, P.

Hostess

Cleo Walker

Co-hostesses

Izzy & Sally



Programmes

It may not be spring cleaning time yet, but some of you may have started sorting through your scraps and bits and pieces.

This month there will be a demo showing how to make simple blocks from all those scraps.

Nancy Sachro

PS: Please bring in any wine totes for our next meeting. A table will be set up for a display.

December Meeting Thank You

Each member of Lock City Sweet Adeline's received a Yo-yo corsage at our December meeting. Their performance was wonderful and greatly appreciated. It appeared that the singers loved the corsages. Thanks to Sylvia for making the Yo-yo corsages.

Mary Anne Gasparetto

Library

Book Sale! If you have good books or magazines (preferably Quilt or craft related) they would be welcome. We also welcome paperback or hard cover fiction, biography, etc.

Thanks,

Marilyn & Jeannie

Quilt Show Challenge

Pincushions with Pizzazz

I hope everyone starting to work on their entry for the quilt show challenge.

There are lots of ideas on the Internet.

Good Luck!

January Quilter of the Month

Thanks to Frances Giallonardo for treating us to a wonderful mini trunk show. Everyone enjoyed hearing how this self-taught quilter has perfected her techniques over the years and we were delighted to see many of her beautiful hand quilted pieces. Thanks for sharing with us, Frances.

Marion

February Quilter of the Month

Nicole Tull

Candy Sales

Show Ticket Winners:

December - Diane Johnson.

January - Marie Purvis.

February colour theme: green in honour of St. Patrick's day and a new kind of "candy" for you to purchase. Don't forget your looney.

To date we have raised \$245 through the sale of "candies", to help defray the cost of having a Canadian Quilters' Association qualified judge. I would like to thank the quilt show committee members for the donation of the 10"x10" squares and also the ladies of the guild for having such sweet teeth and buying our "candies".

Susan Kainula

Appliqué Club

Wed. March 5th at 10am upstairs at Rome's. Everyone's floral applique wreaths are coming along beautifully! Drop by and check them out. You will be inspired.

Sandy Marshall

Membership

Greetings from the West coast. I am happy to be able to send the news on to you even though I'm enjoying my visit in B.C. I hope you have a great meeting and that everyone is able to get there. I hate to tell you this but we have no snow here! Is it cruel to tell you that? Enjoy your meeting and Happy Quilting! Don't forget to sign in and pick up your member cards if you haven't already.

Marilyn Whitfield

EQ We Do "Electric Quilt"

A laptop and a current version of EQ is a must have for attendance. Meets monthly on the 3rd Thursday at: Centennial Library, 50 East Street.

Workshops for March

Reversible Table Runner

Date: Sat. March 1, 2014
Instructor: Madelane Watt
Place: Seniors Centre
Time: 10:00 - 4:00
Cost: \$10

Description: This beginner friendly runner will piece together quick and easy. There may even be time to complete the bonus table topper and coasters. Sign up for this fun workshop at the next meeting!

Introduction to Free Motion

Date: Sat. March 29, 2014
Quilting and Feathers
Instructor: Pat Callaghan
Place: Seniors Centre
Time: 10:00-4:00
Cost: \$20

Description: If you're new to free motion quilting, Pat will help to introduce it to you. Learn some easy free motion designs and try your hand at feathers. Sign up at the next meeting!

Lily Kangas

New to You (Quilt Show)

I will begin collecting stuff for the New to You booth for the Quilt Show at the March and April meeting or items can be dropped off at my house on 81 LAURA ST. Please call first 256-5145.

Thanks *Sharon Robbins*

Walk to Brock

Our contribution to the **Walk to Brock** Challenge was another 9184". Total to date is 57,314". Hopefully you have been able to get more of those UFOs and other quilts finished by the next meeting as **Walk to Brock** challenge pieces **must be finished** to be included.

To assist Jen and Diane, please pre-measure (in inches) and record (on paper) your completed quilts for show and share, comfort quilts, and block of the month projects. Website: <http://www.cqacanadianquilting.blogspot.ca/2013/10/walk-to-brock-month-1.html>

Nancy Sachro

Comfort Quilts

Meets every 2nd Wednesday at Rome's,
10:00am - 3:00pm *Everyone is welcome!*

Madelane Watt

Alzheimer's Touch Quilt

Bernice Wennerstrom will be coordinating the Alzheimer's Touch Quilt project.

Location: Life's A Stitch
When: last Friday of each month
Bernice: bbwenn@shaw.ca or
Robyn: (705) 254-3339

Sweet 'n' Spicy Candied Peanuts

1 cup sugar
2 to 3 tbsp. water
2 cups peanuts (unsalted)
2 tsp. kosher salt
1 tsp. smoked salt
Pinch cinnamon
Pinch cayenne, or to taste

Directions:

Add sugar and water to saucepan over medium heat. Cook until sugar melts and starts to boil, about 3 to 5 minutes. Add peanuts, kosher salt, smoked salt, cinnamon and cayenne. Cook, stirring occasionally, until sugar crystallizes (it will get sandy in texture.)
Transfer to baking sheet and let cool completely. Store in airtight container.
Yield: 2 cups.

2014 Quilt Shows

Canada:

Sault Ste. Marie, ON – May 3 - 4, 2014
St. Catharines, ON – June 11 - 14, 2014
Women's Institute Quilt Show, Richards Landing
– August 1 - 3, 2014

US: AQS:

Phoenix, AZ – February 5 - 8, 2014
Lancaster, PA – March 12 - 15, 2014
Paducah, KY – April 23 - 26, 2014
Charlotte, NC – July 30 - August 2, 2014
Grand Rapids, MI – August 20 - 23, 2014
Chattanooga, TN – September 10 - 13, 2014
Des Moines, IA – October 1 - 4, 2014

Advertising Rates

Membership: Text ads are free

Business: \$5.00 per month for a Business Card size dimensions: 2"x 3.5"

To advertise contact: nmtull@me.com



Thanks for the cases!

I would like to take this opportunity to thank the women of our Guild, who participated in making eyeglass cases for our recent visit to Zambia. We checked the eyes of over 600 of

the Zambian people, and dispensed over 400 pair of glasses. Each pair of glasses was accompanied by an eyeglass case, most of which were provided by the ladies of this guild. The cases were very well received and generated many thanks from them. If you wish to see a little more of our trip you can visit www.chitokoloki.com and follow the link - Eye Clinic.



Cathy Norris

Quilt Show Judge

submitted by: Susan Kainula

Our 2014 Stitches from the Heart Quilt Show will be judged by Canadian Quilter's Association certified judge, Tracey Lawko. Ms. Lawko began the CQA Quilt Judge Certification Programme in 2011 and received full certification in 2013. She has judged a variety of shows, including themed challenges, large guild shows, agricultural fairs, and the CQA National Juried Show in Halifax 2012.

www.canadianquilter.com/pdf/certified-judges-and-apprentices.pdf

Tracey is an award winning quilter, longarmer, embroiderer and textile artist who resides in Toronto. She brings a broad range of experience in quilting, embroidery and fiber art to her role as judge. www.traceylawko.com

She is a member of many associations and her work has been featured at art galleries. Her stitched landscape "Daybreak" (which won the Award of Merit for Outstanding Technique and Realism at the Grand National Quilt Show) can be seen in the recent Winter 2013 issue of the Canadian Quilter Magazine, page 46.

www.canadianquilter.com

Ms. Lawko "would like to encourage all members to enter a quilt". "It's fun and entering a quilt is such a great way to learn, both from your own experience and from the other quilts".

She goes on to say that, "the reason to have your quilt judged is for the benefit of independent and individual feedback on your work. My goal is to acknowledge the quilter's strengths and to provide feedback on a potential area for improvement. The comments are intended to be constructive and to allow the quilter to learn and grow." I would like to add that the original judge's comment sheets will be given to each entrant at the May 2014 guild meeting. "These are very important to each entrant as it will be a constructive tool for future quilt-making", she said.

I would like to encourage all members of the guild to enter at least one quilt in your show. As a committee we decided to have this level of judging as a benefit to all members.

I would like to thank Tracey for the time she has already put into helping make this show wonderful. She has been very helpful in answering any questions that I have had. "I am very keen to see all of your beautiful quilts at the show!" she says.

2014 Quilt Show Committee

Cleo Walker	Quilt Show Chair
Kathy McColeman	Quilt Show Co-Chair
	Entrance Table/Floorwalkers/Floater	
Sandy Marshall	Secretary
Becky Beall	Treasurer/Booklet
Nancy Sachro	Vendors
Sally Clarida	Publicity
Sharon Robbins	Challenge
	New to You Boutique
Susan Kainula	Judge Co-ordinator
	Décor/Props/Flowers
Jane Darlow	Pre Show Tickets
Elaine Oliana	Registry/Layout/Labels
Marilyn Maki	Silent Auction
Sylvia Jones	Yo Yo's/Welcome Table
Mary Ann Gasparetto	Lunch Area
	Demos
Gerri Chateau	Member's Reception
Donna Sanderson	Set up

Life's A Stitch

Quilt Store - Husqvarna Viking Dealer
516 Queen St, Sault Ste. Marie, ON
705-254-3339

www.lifesastitch.ca

December Sale:
All Christmas fabrics
25% off
excluding Stonehenge.



For Sale

2 – 221 Featherweight sewing machines in very good condition. Attachments included. \$350.00 each
Contact Frances @ (705) 254-1367

Quilting Art Workshop

2 day workshop using layers of fabric and free motion stitching to create a quilted rug and wall hanging.

Instructor: Al Cote, (see Quilt Canada Conference 2014)

Date: April 26 and 27, 2014, 9 – 5

Location: Echo Bay Hall

Deadline: Before April 1, 2014

Cost: \$140.00 includes lunch, snacks and beverages

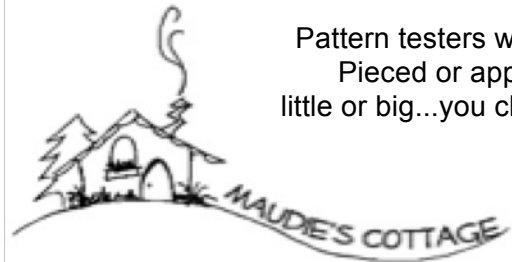
For more information contact:
sooquiltingworkshops@gmail.com

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<http://QuiltingOnSuperior.blogspot.com>

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email: gloria@gloriasquilts.com

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Jeannie Turco three.js@hotmail.com
Comfort Quilts: Madelane Watt
Quilt Show: Cleo Walker gord.cleo@gmail.com

General Meetings..

Where: Senior Centre Drop-In
Address: 619 Bay Street, SSM
When: Last Monday of the month
Time: 7:00 pm
Yearly Membership: \$25.00

Website...

<http://www.saultquilts.com>

Facebook...

Check us out and 'Like' our page:
<http://www.facebook.com/StitchesFromTheHeartQuiltGuild>