



Stitches from the Heart Quilt Guild

January Meeting Highlights

Theme: Surprise!

New for 2013... Cleo Walker, our new Hostess, is organizing a theme for the General Meetings!

Snack: L

Last names beginning with the letter L are responsible for snacks.

Creativity:

Bring fabric and/or paper, scissors and needle, also floss in white or red.

We will be making heart/valentine blocks that will be made into Comfort quilts. Fabric will be provided.

After learning how the block is made you may wish to make a card for your favourite Valentine using paper or fabric.

Along with being creative, this promises to be fun!

Upcoming in February

Come and find out what Robyn Thompson has in her shop, **Life's a Stitch**, as she talks about her newest or favourite tools/ materials.

Coming in April: Kim Caskey

April 5th - 7th, 2013

Trunk Show

Hosted by Kim

Friday, April 5th, at the Seniors Centre at 7 pm.

Circle Play

Kim instructing

Saturday, April 6th

Description: Based on Carol Taylor's "Arc-I-Textures" in the book *Skinny Quilts and Table Runners*, this piece has no piecing! A fused collage background serves as an interesting backdrop for the couched yarn embellishment on the top. Add beads, buttons and decorative threads for added interest.



Story People

Kim instructing

Sunday, April 7th

Description: Have you ever found an interesting or profound quote or phrase? Want to do something creative with it? Try this totally innovative, free-form style, exploring "what if" techniques. Freeform cutting with no rulers or measurement, machine piecing, raw edge appliqué, rubber stamped text letters, Shiva paint stick embellishment, free motion quilting - the list goes on!



Please check out her website at: <http://www.kimcaskey.ca>

Appliqué Club

Sandy Marshall

Upstairs at Rome's on February 6th from 10am to 3pm. Meets every 1st Wednesday of the month at Rome's.

All members are welcome!

Comfort Quilts

Madelane Watt

Meets every 2nd Wednesday at Rome's, 10:00 am - 3:00pm

Upcoming Dates :

- February 13
- March 13
- April 10
- May 8
- June 12

Everyone is welcome!

Membership

Marilyn Whitfield

If you do not have email you may pick up a membership list from the sign-in table. Also, if any of your information changes (address, email etc.) please let me know so I can change it on the master list. If you are not receiving email or know of someone who is not receiving info please contact me.

Library

Marilyn Maki & Jeannie Turco
January... business as usual.

Coming in February...

A book sale!

Bring your Quilt related books, magazines and pocket books to the FEBRUARY MEETING ONLY.

Phone Committee

Kathy McColeman

Block of the Month

Elaine Oliana & Nancy Sachro

Hope everyone had a good holiday and managed to get the December block done. The January row for the "1812" quilt will be sent out via email. The "row" this month will be the pinwheel blocks around the center appliqué block. The pinwheel block is a fairly simple block to construct, but if anyone has any questions I will be available at the January 28th guild meeting.

Hint: If you have trouble opening the pdf file. First make sure you have Acrobat Reader installed on your computer (free download). Next try saving the file to your computer and then open it. If all else fails there will be a few copies at the meeting

Happy quilting!!

Row Robin - 2012/2013

Elaine Oliana

Hope everyone is still having fun with this challenge. We are now half way thru the challenge. It will be all down hill from now on. Don't forget to bring in your bags to the January 28th meeting and drop them off with me. You can pick them up at break time or at the end of the meeting. Questions... I will be available at the meeting break time to answer them.

Happy sewing everyone!!

*Looking for old, large size cutting mats. They make great mats for building puzzles.
Nancy @ 945-0301*

Workshops

Lily Kangas & Donna Sanderson

Gecko Wallhanging



Date: January 26, 2013

Time: 1-4:00pm

Place: John Rhodes

upstairs in the back room

Cost: \$15

Description: Sign up to make this adorable Gecko Wallhanging using a fusing technique. It's easy and quick and will leave you with great ideas to try on other wallhangings too! If you haven't signed up yet, email Lily at britei@shaw.ca to receive the supply list!

The Amazing Quilt Race

Date: February 9, 2013

Time: 9-12:00 noon

Place: John Rhodes

upstairs in the back room

Cost: \$15

Description: On your mark, get set, go! If you think you are the fastest quilter in the Guild, then this is your opportunity to test your mettle! All who enter have the chance to win the big mystery prize! Entry fee is only \$15.00. Your instruction and a supply list can be found when you use Google Search to locate the video - "quilt in an hour". The January meeting will be your last chance to sign up for this great workshop!

Come have some fun!

Bee Groups

Nicole Tull

Members of our guild's Bee Groups will be bringing their projects to the meeting. Be sure to stop by the Bee Group table to see what they have been busy working on.

Website

Nicole Tull

Has been updated and now also includes archived newsletters.

Website: www.saultquilts.com
email Nicole at nmtull@me.com

EQ WE DO

"Electric Quilt". A laptop and a current version of the program is a must have for attendance with this group.



This Bee Group is looking for a place to meet and a contact person.

Joanne's in Sault Michigan

Guild members: please be advised that when shopping at Joanne's in Sault, Michigan, you can get a VIP card that gives you 10% off your total purchase. At the checkout you need to show both the VIP card and your guild card.

Quilt Challenge Upper Canada Village

Invites all quilters to plan an entry for the 2013 UCV Quilt Challenge!

Quilt Type: Medallion style, pieced &/or appliquéd.

For more Information:
margot.dixon@parks.on.ca or
613-543-3704 ex 2332.

Chocolate Cups

Submitted by: Kathy McColeman

Melt together

1 bag Dark Chocolate Chips
7 TBSP of Whipping cream.
Pour into the mini candy muffin papers about $\frac{3}{4}$ full and put in freezer until they are set

Melt one bag of white chocolate chips and pour this on top of the chocolate mixture to fill the cups.

Very good!!!

Sweet Spiced Nuts

Submitted by: Nancy Sachro

2 cups mixed nuts
1 egg white slightly beaten
6 tbsp sugar or splenda
1 tbsp cinnamon
1/2 tsp nutmeg
1/4 tsp ground cloves
1 cup dried fruit chopped up a bit, not too small (raisins, apricots, dates, crystalized ginger, candied cherries)

Beat egg white until a smooth consistency.

Add to nuts, stir to coat nuts.

Mix sugar and spices in a small bowl.

Stir into nut mixture.

Cover baking sheet with parchment .

Spread nuts on sheet.

Bake at 325F for about 20 minutes stirring 2-3 times.

Remove from oven and return to bowl, stir in dried fruit and 1/2 tsp salt (optional)

Warning: Dangerous to the waistline!

On-Line Links:

Life's A Stitch: www.lifesastitch.ca

Fat Quarter Shop: <http://www.fatquartershop.com>

The Quilt Show: <http://www.thequiltshow.com>

Thousands of Bolts: www.thousandsofbolts.com

100 Designs of Free Motion: <http://www.daystyledesigns.com/365project.htm>

What's your favourite link?

email me I will add it on beckysbarn@me.com

Quotes

A bed without a quilt is like a sky without stars.

A day patched with quilting seldom unravels.

General Meetings..

Where: Senior Centre Drop-In
Address: 619 Bay Street, SSM
When: Last Monday of the month
Time: 7:00 pm
Yearly Membership: \$25.00

Website...

<http://www.saultquilts.com>

Facebook...

Check us out and 'Like' our page:
[http://www.facebook.com/
StitchesFromTheHeartQuiltGuild](http://www.facebook.com/StitchesFromTheHeartQuiltGuild)

SOS

Where can I store more fabric?
My sewing room shelves are crammed!
There's no more space beneath my bed
And the guest room closet is jammed.
I have a friend with an attic
Who would let me store some there,
But such separation from my treasures
Would be more than I could bear.
Meanwhile there are three bags full
From the big sale I went to today
And I can't think where to put them...
Or what my dear husband will say!

Who We Are...

'Stitches from the Heart' was formed 20 years ago by a few quilters who wanted to share their love and knowledge of quilting and is comprised of quilters of all levels and ages. The guild welcomes members interested in all areas of quilting, ranging from traditional quilting to art quilting.

An average meeting consists of: a welcome from the president; a run through of old and new business; a break for socializing with coffee, tea and goodies; presentations by a member or guest speaker; and last, but never least... Show & Share!

Executive

President: Jane Darlow
jacraft@bell.net

Vice President:
Jan Eskelin
jan.eskelin@gmail.com

Treasurer: Elizabeth Gray
elizabethgray48@hotmail.com

Secretary: Carol Sawchyn
carolsawchyn@yahoo.ca

Membership: Marilyn Whitfield
mpjwhitfield@shaw.ca

Newsletter: Becky Beall
beckysbarn@me.com

Website: Nicole Tull
nmtull@me.com

Hostess: Cleo Walker
gordcleo.walker@sympatico.ca

Appliqué Club:

Sandy Marshall
sandyquilts@hotmail.com

Workshops: Lily Kangas
britei@shaw.ca

Donna Sanderson
dmhyden@shaw.ca

Block of the Month:
Elaine Oliana
e.oliana@shaw.ca

Programs: Nancy Sachro
gil.sachro@sympatico.ca

Library: Marilyn Maki
marilynmaki@shaw.ca
Jeannie Turco
three.js@hotmail.com

Comfort Quilts: Madelane Watt